



Basketball Game Rules

1. MOST IMPORTANTLY !!! This program is about the following:
 - A. Learning the basic rules of basketball.
 - B. Learning the fundamentals of basketball.
 - C. Learning sportsmanship.
 - D. Having fun.
2. All boys must play an equal amount of time.
3. A game will consist of 4 periods, each 6 minutes long. The clock will stop at approximately 3 minutes in each period to facilitate and encourage substitutions.
4. It will be a running clock for the entire game with the exception of the last minute of the final period if the score is within 10 points. Then the clock will stop on every dead ball.
5. We will not shoot free throws.
6. Each player will receive 6 personal fouls.
7. Each team will receive unlimited time outs. This is to encourage coaches to stop the game to teach.
8. Teams can play either Man to Man or Zone Defense.
9. The rim height will be 8 feet for 3rd/4th grade and 10 feet for 5th/6th grade.

Coaches, please try to let recreation staff know when you are going to practice.